RelateAbility, PLLC

Strengthening Relationships One Experience At A Time.

Your Team. Our Purpose.

My Question For Us Is...



Inviting connection with your team for the next several months can begin the next time you come together.

- ☑ Hand out slips of paper to each team member. The more colorful and interesting the paper, the better
- ☑ On the slips of paper, ask your team members to anonymously write a question they'd like teammates to answer. If people are curious about what type of question it should be, you can suggest it be a question they wouldn't mind answering for the group, or a fun question they've been asked in the past.
- ☑ Collect all slips of paper (at least 12 total) and store them in a fun container (e.g., small treasure box, piggy bank, chalk bag, magician's hat, mason jar, toolbox).
- ☑ Each month, bring the container to a team meeting, randomly pull out at least one question, and pose it to the team when your meeting begins.

Trusting team members to bring fun, important questions to the group is a valuable way for teams to feel connected. Hope this activity does the same for your team.

However you decide to use this activity or another, remember when people feel like they belong together, they tend to invest in each other's well-being